

Activities for Baden Powell Campout

All Scouts planning on participating in this fun and exciting campout that will provide an amazing opportunity for advancement should read the appropriate pages in the Scout handbook for the following requirements prior to departure for the campout:

Scout Requirements: 1a, 1b, 1c, 1f, 2a, 2b, 2c, 2d, 3a, 4a, 4b, 5

Tenderfoot Requirements: 1a, 1b, 1c, 2a, 2b, 2c, 3a, 3b, 3c, 3d, 4b, 4d, 5a, 5b, 5c, 6a, 6b, 7a, 7b

Second Class Requirements: 1c, 2a, 2b, 2c, 2d, 2e, 2f, 2g, 3a, 3b, 3c, 3d, 4, 8a, 8b

First Class Requirements: 2a, 2b, 2c, 2d, 2e, 3a, 3b, 3c, 3d, 5a, 5b, 5c, 5d, 9c

Those scouts that have finished most of their Tenderfoot, Second Class, and First Class requirements should be prepared to work on any unfinished requirements by looking over their individual history sheets and reading the appropriate pages in the Scout handbook. Adult leaders will be available to check these Scouts off.

What to bring to a Spring Tent Campout

Be prepared for cold and wetness. Spring can be unpredictable. The easiest way to stay warm is to dress in layers and stay dry. Dressing in layers allows the scout to regulate heat by taking off and putting on various layers. Wetness, including sweating will lead to a cooling down of the body. This is desirable in the heat, but more troublesome in the cooler temperatures. Scouts are responsible for their own gear. (***) indicates needed for advancement activities)

Food

- Patrol Food (will be provided from menu plan)

Wear layers

- Jeans and shirt (tee shirt and sweat shirt)
- Socks - wool best, acrylics next best, cotton least preferred.
- Jacket or coat
- Hat
- Gloves (if not cold have these in pack)
- Poncho or raincoat (if not raining - pack it on top of gear in backpack or duffel bag).
- Hiking boots. This is a must.
- Watch (optional, but recommended)

Sleeping bag in water resistant bag

- Extra blanket for cool temp (optional)

Backpack or duffel bag for camping gear

- Sleeping clothes (some boys find sleeping in a hooded sweatshirt adds warmth).
- Change of shoes
- 2 long sleeved shirts
- Sweater or sweatshirt

- 2 pairs of pants
- 2 spare T-shirts
- 2 pairs of underwear
- 3 extra pairs of socks - wool best, acrylics next best, cotton least preferred.

Toilet articles

- Soap in plastic box or zip lock bag
- Toothbrush, toothpaste, comb
- Towel, washcloth in plastic bag
- Small roll of toilet paper in zip lock bag

Miscellaneous

- Eating kit consisting of "unbreakable/boilable" plate, bowl, mug, spoon, knife, fork.
- Water bottle
- Flashlight with extra batteries
- Knife (the Scout will earn Totin' Chip rights)
- Scout handbook
- Paper, pencil or pen ***
- Compass ***
- Personal First Aid kit ***
- Camera (optional) ***

All drugs (prescription and non-prescription) must be brought to the leaders' attention and permission must be granted the leader to allow the Scout to either (1) self-medicate (non-prescription drugs only) or (2) have the leader give the medicine. This must be in writing.

Cell phones may be kept in their pack or duffel. No other electronics of any kind.

Activities for Baden Powell Campout

Preplanning – Patrol method, menu, packing list

- S: 3a Explain the patrol method. Describe the types of patrols that are used in your troop.
- T: 1 Present yourself to your leader, prepared for an overnight camping trip. Show the personal and camping gear you will use. Show the right way to pack and carry it.
- 1st: 2a Help plan a menu for one of the above campouts that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for the planned activity or campout.
- 2b Using the menu planned in requirement 2a, make a list showing a budget and the food amounts needed to feed three or more boys. Secure the ingredients.
- 2c Show which pans, utensils, and other gear will be needed to cook and serve these meals.

Friday PM – Setting up campsite

- T: 1b Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
- 2nd: 1c On one of these campouts, select a location for your patrol site and recommend it to your patrol leader, senior patrol leader, or troop guide. Explain what factors you should consider when choosing a patrol site and where to pitch a tent.

Friday PM – Lash and erect two flagpoles, raise, lower, and fold flag, recite the Pledge of Allegiance

- S: 1f Repeat from memory the Pledge of Allegiance. In your own words, explain its meaning.
- 4a Show how to tie a square knot, two half-hitches, and a taut-line hitch. Explain how each knot is used.
- 3a Demonstrate a practical use of the square knot.
- 3b Demonstrate a practical use of two half-hitches.
- 3c Demonstrate a practical use of the taut-line hitch.
- 7a Demonstrate how to display, raise, lower, and fold the U.S. flag.

Friday PM – Fireman's Chit

- 2nd: 2a Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.
- 2d Explain when it is appropriate to use a lightweight stove and when it is appropriate to use a propane stove. Set up a lightweight stove or propane stove. Light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.

Friday PM – Campfire Discussion: Scout Oath, Law, Slogan, and Motto

- S: 1a Repeat from memory the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meaning.
- 1b Explain what Scout spirit is. Describe some ways you have shown Scout spirit by practicing the Scout Oath, Scout Law, Scout motto, and Scout slogan.
- 1c Demonstrate the Boy Scout sign, salute, and handshake. Explain when they should be used.
- 2a Describe how the Scouts in the troop provide its leadership.
- 2b Describe the four steps of Boy Scout advancement.
- 2c Describe the Boy Scout ranks and how they are earned.
- 2d Describe what merit badges are and how they are earned.

Saturday (breakfast, lunch, supper) – Patrol and individual cooking

- T: 2a On the campout, assist in preparing one of the meals. Tell why it is important for each patrol member to share in meal preparation and cleanup.
- 2b While on a campout, demonstrate an appropriate method of safely cleaning items used to prepare, serve, and eat a meal.
- 2c Explain the importance of eating together as a patrol.
- 2nd: 2b Use the tools listed in Tenderfoot requirement 3d to prepare tinder, kindling, and fuel wood for a cooking fire. (Lunch)
- 2c At an approved outdoor location and time, use the tinder, kindling, and fuel wood from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.

2e On one campout, plan and cook one hot breakfast or **lunch**, selecting foods from MyPlate or the current USDA nutritional model. Explain the importance of good nutrition. Demonstrate how to transport, store, and prepare the foods you selected.

1st: 2d Demonstrate the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Show how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.

2e On one campout, serve as cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in First Class requirement 2a. Supervise the cleanup.

Saturday AM – Physical fitness test for new scouts:

T: 6a Record your best in the following tests: Push-ups (Record the number done correctly in 60 seconds.) Sit-ups or curl-ups (Record the number done correctly in 60 seconds.) Back-saver sit-and-reach (Record the distance stretched.) 1-mile walk/run (Record the time.)

6b Develop and describe a plan for improvement in each of the activities listed in Tenderfoot requirement 6a. Keep track of your activity for at least 30 days.

Saturday AM – Knots

S: 4b Show the proper care of a rope by learning how to whip and fuse the ends of different kinds of rope. (Make rope.)

2nd: 2f Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot.

2g Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.

Saturday AM – Lash camp gadgets

1st: 3a Discuss when you should and should not use lashings.

3b Demonstrate tying the timber hitch and clove hitch.

3c Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together.

3d Use lashings to make a useful camp gadget or structure.

Saturday PM – 5 mile hike

T: 4b Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.

5a Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Use the buddy system while on a troop or patrol outing.

5b Describe what to do if you become lost on a hike or campout.

5c Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night.

7b Participate in a total of one hour of service in one or more service projects approved by your Scoutmaster. Explain how your service to others relates to the Scout slogan and Scout motto.

2nd: 3a Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols.

3b Using a compass and map together, take a 5-mile hike approved by your adult leader.

3c Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them

4 Identify or show evidence of at least 10 kinds of wild animals (such as birds, mammals, reptiles, fish, or mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.

5a Identify or show evidence of at least 10 kinds of native plants found in your local area or campsite location. You may show evidence by identifying fallen leaves or fallen fruit that you find in the field, or as part of a collection you have made, or by photographs you have taken.

Saturday PM – Campfire Discussion: Weather and Scout activities

1st: 5b Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event.

5c Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take.

5d Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types

of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.

Sunday AM – Toten chip

S: 5 Demonstrate your knowledge of pocketknife safety.

T: 3d Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.

Sunday AM – Tear down and police campsite

1st: 9c On a Scouting or family outing, take note of the trash and garbage you produce. Before your next similar outing, decide how you can reduce, recycle, or repurpose what you take on that outing, and then put those plans into action. Compare your results.

Sunday AM – First Aid

T: 4d Assemble a personal first-aid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.

Teaching the Activities for Baden Powell Campout

Day/Time	Rank	Requirement	Taught By:
Preplanning – Patrol method, menu, packing list			
Preplanning	Scout	3a Explain the patrol method. Describe the types of patrols that are used in your troop.	Scoutmaster/Asst Scoutmaster
Preplanning	Tenderfoot	1 Present yourself to your leader, prepared for an overnight camping trip. Show the personal and camping gear you will use. Show the right way to pack and carry it.	Scoutmaster/Asst Scoutmaster
Preplanning	1 st Class	2a Help plan a menu for one of the above campouts that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for the planned activity or campout.	Scoutmaster/Asst Scoutmaster
Preplanning	1 st Class	2b Using the menu planned in requirement 2a, make a list showing a budget and the food amounts needed to feed three or more boys. Secure the ingredients.	Scoutmaster/Asst Scoutmaster
Preplanning	1 st Class	2c Show which pans, utensils, and other gear will be needed to cook and serve these meals.	Scoutmaster/Asst Scoutmaster
Setting up campsite			
Friday PM	Tenderfoot	1b Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.	
Friday PM	2 nd Class	1c On one of these campouts, select a location for your patrol site and recommend it to your patrol leader, senior patrol leader, or troop guide. Explain what factors you should consider when choosing a patrol site and where to pitch a tent.	
Lash and erect two flagpoles, raise, lower, and fold flag, recite the Pledge of Allegiance			
Friday PM	Scout	4a Show how to tie a square knot, two half-hitches, and a taut-line hitch. Explain how each knot is used.	
Friday PM	Scout	3a Demonstrate a practical use of the square knot.	
Friday PM	Scout	3b Demonstrate a practical use of two half-hitches.	
Friday PM	Scout	3c Demonstrate a practical use of the taut-line hitch.	
Friday PM	Scout	7a Demonstrate how to display, raise, lower, and fold the U.S. flag.	
Friday PM	Scout	1f Repeat from memory the Pledge of Allegiance. In your own words, explain its meaning.	
Fireman's Chit			
Friday PM	2 nd Class	2a Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.	
Friday PM	2 nd Class	2d Explain when it is appropriate to use a lightweight stove and when it is appropriate to use a propane stove. Set up a lightweight stove or propane stove. Light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.	
Campfire Discussion: Scout Oath, Law, Slogan, and Motto			
Friday PM	Scout	1a Repeat from memory the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meaning.	Scoutmaster/Asst Scoutmaster

Friday PM	Scout	1b Explain what Scout spirit is. Describe some ways you have shown Scout spirit by practicing the Scout Oath, Scout Law, Scout motto, and Scout slogan.	Scoutmaster/Asst Scoutmaster
Friday PM	Scout	1c Demonstrate the Boy Scout sign, salute, and handshake. Explain when they should be used.	Scoutmaster/Asst Scoutmaster
Friday PM	Scout	2a Describe how the Scouts in the troop provide its leadership.	Scoutmaster/Asst Scoutmaster
Friday PM	Scout	2b Describe the four steps of Boy Scout advancement.	Scoutmaster/Asst Scoutmaster
Friday PM	Scout	2c Describe the Boy Scout ranks and how they are earned.	Scoutmaster/Asst Scoutmaster
Friday PM	Scout	2d Describe what merit badges are and how they are earned.	Scoutmaster/Asst Scoutmaster
Saturday Breakfast, Lunch, and Supper – Patrol and individual cooking			
Saturday	Tenderfoot	2a On the campout, assist in preparing one of the meals. Tell why it is important for each patrol member to share in meal preparation and cleanup.	
Saturday	Tenderfoot	2b While on a campout, demonstrate an appropriate method of safely cleaning items used to prepare, serve, and eat a meal.	
Saturday	Tenderfoot	2c Explain the importance of eating together as a patrol.	
Saturday	2nd Class	2b Use the tools listed in Tenderfoot requirement 3d to prepare tinder, kindling, and fuel wood for a cooking fire. (Lunch)	
Saturday	2nd Class	2c At an approved outdoor location and time, use the tinder, kindling, and fuel wood from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.	
Saturday	2nd Class	2e On one campout, plan and cook one hot breakfast or lunch, selecting foods from MyPlate or the current USDA nutritional model. Explain the importance of good nutrition. Demonstrate how to transport, store, and prepare the foods you selected.	
Saturday	1st Class	2d Demonstrate the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Show how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.	
Saturday	1st Class	2e On one campout, serve as cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in First Class requirement 2a. Supervise the cleanup.	
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Saturday AM	Tenderfoot	6b Develop and describe a plan for improvement in each of the activities listed in Tenderfoot requirement 6a. Keep track of your activity for at least 30 days.	Scoutmaster/Asst Scoutmaster
Knots			
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Saturday PM	Tenderfoot	5b Describe what to do if you become lost on a hike or campout.	
Saturday PM	Tenderfoot	5c Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night.	
Saturday PM	Tenderfoot	7b Participate in a total of one hour of service in one or more service projects approved by your Scoutmaster. Explain how your service to others relates to the Scout slogan and Scout motto.	Scoutmaster/Asst Scoutmaster
Saturday PM	2nd Class	3a Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols.	
Saturday PM	2nd Class	3b Using a compass and map together, take a 5-mile hike approved by your adult leader.	Scoutmaster/Asst Scoutmaster
Saturday PM	2nd Class	3c Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them.	
Saturday PM	2nd Class	4 Identify or show evidence of at least 10 kinds of wild animals (such as birds, mammals, reptiles, fish, or mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.	Scoutmaster/Asst Scoutmaster

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Saturday PM	1st Class	5d Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.	Scoutmaster/Asst Scoutmaster
Toten Chip			
Sunday AM	Scout	5 Demonstrate your knowledge of pocketknife safety.	
Sunday AM	Tenderfoot	3d Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.	
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First Aid			
Sunday AM	Tenderfoot	4d Assemble a personal first-aid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.	Scoutmaster/Asst Scoutmaster